

The Mean Value Theorem

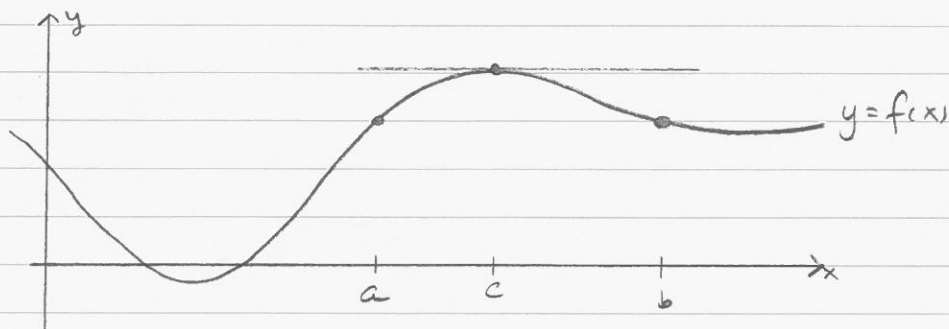
We begin by stating and proving Rolle's Theorem

Rolle's Theorem

Suppose that f is continuous on the interval $[a, b]$, differentiable on the interval (a, b) and $f(a) = f(b)$.

Then there is a number $c \in (a, b)$ such that

$$f'(c) = 0.$$



Proof

- ① IF $f(x) = k$, a constant, then $f'(x) = 0$ for all $x \in (a, b)$ and so in this case the theorem is true.
- ② IF $f(x)$ is not constant but is continuous on $[a, b]$ then there must be at least one extremum (maximum or minimum) on (a, b) .

If $f(x)$ increases away from $f(a)$ it must decrease before reaching $f(b)$.

If $f(x)$ decreases away from $f(a)$ it must increase before reaching $f(b)$.

"What goes up must come down"

Let $x=c$ be the location of this extremum. Since $f(x)$ is differentiable on (a, b) we know that $f'(c)$ exists.

$f'(c) \neq 0$ since this would mean f is decreasing at $x=c$ and so cannot be an extreme value

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Similarly, $f'(c) \neq 0$ since then f cannot be increasing at an extreme value.

Therefore, if $f'(c)$ exists and $f'(c) \neq 0 \neq f'(c) \neq 0$ it must be that $f'(c) = 0$. ■

This leads us to one of the most important theorems in calculus, the Mean Value Theorem.

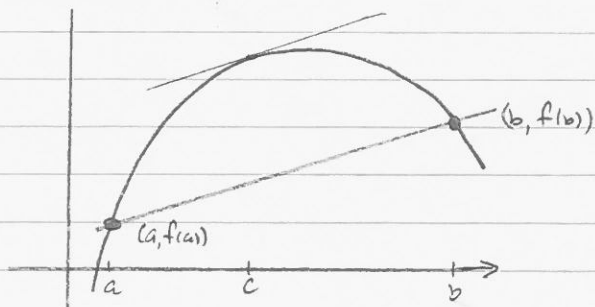
Mean Value Theorem

Suppose that f is continuous on the interval $[a, b]$ and differentiable on the interval (a, b) . Then there exists a number $c \in (a, b)$ such that

$$f'(c) = \frac{f(b) - f(a)}{b - a}$$

In other words, this theorem says that there is a point on the interior of an interval I on which f is differentiable where the instantaneous rate of change of f equals the average rate of change of f over the entire interval.

Proof



The slope of the line through $(a, f(a))$ and $(b, f(b))$ is

$$\frac{f(b) - f(a)}{b - a}$$

So the equation of this line is

$$y = \frac{f(b) - f(a)}{b - a} (x - a) + f(a).$$

Define $g(x) = f(x) - \frac{f(b) - f(a)}{b - a} (x - a) - f(a)$.

Note that $g(x)$ is both continuous on $[a, b]$ and differentiable on (a, b) because $f(x)$ and the polynomial $\frac{f(b) - f(a)}{b - a} (x - a) + f(a)$ both are.

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Both $g(a)$ and $g(b)$ are zero:

$$g(a) = f(a) - \frac{f(b)-f(a)}{b-a}(a-a) - f(a) = f(a) - f(a) = 0$$

$$g(b) = f(b) - \frac{f(b)-f(a)}{b-a}(b-a) - f(a) = f(b) - f(b) + f(a) - f(a) = 0$$

So we can use Rolle's Theorem to assert that there is a number $c \in (a, b)$ for which $g'(c) = 0$.

Computing $g'(x) = f'(x) - \frac{f(b)-f(a)}{b-a}$ we find

$$g'(c) = 0 = f'(c) - \frac{f(b)-f(a)}{b-a}$$

so

$$f'(c) = \frac{f(b)-f(a)}{b-a}$$



Warning: Do not confuse the Intermediate Value Theorem with the Mean Value Theorem.

Two more theorems that follow from Rolle's Theorem and the Mean Value Theorem.

Thm: If f is continuous on the interval $[a, b]$, differentiable on the interval (a, b) and $f(x) = 0$ has $n > 0$ solutions in $[a, b]$, then $f'(x) = 0$ has at least $(n-1)$ solutions in (a, b) .

Proof: By Rolle's Theorem, between any two solutions of $f(x) = 0$ there is a solution of $f'(x) = 0$. Thus, given n solutions of $f(x) = 0$, there must be at least $n-1$ solutions of $f'(x) = 0$.

Ex Prove that $2x^4 + x^2 - 6 = 0$ has exactly two solutions.

$$f(x) = 2x^4 + x^2 - 6$$

$$f'(x) = 8x^3 + 2x = 2x(4x^2 + 1)$$

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We can locate zeros of $f(x)$ by graphing or some simple numerical investigation

$$x = -2 \Rightarrow f(-2) = 2(-2)^4 + (-2)^2 - 6 = 30 > 0$$

$$x = 0 \Rightarrow f(0) = 0 + 0 - 6 = -6 < 0$$

$$x = 2 \Rightarrow f(2) = 2(2)^4 + (2)^2 - 6 = 30 > 0$$

So we find $2x^4 + x^2 - 6 = 0$ has at least two solutions

Proof by
contradiction

Now consider $f'(x) = 2x(4x^2 + 1)$. The factor $4x^2 + 1$ is always positive so the only zero of $f'(x)$ is $x = 0$.

If $f(x)$ had more than two solutions then, by our most recent theorem, $f'(x)$ would have more than one solution.

Therefore $2x^4 + x^2 - 6 = 0$ has no more than two solutions

Since we have at least two solutions and no more than two solutions, we have exactly two solutions. ✓

Ex. Find the value of c to confirm the Mean Value Theorem for $f(x) = x^3 + 2x$ on $[0, 1]$.

$$a = 0,$$

$$b = 1,$$

$$f(a) = 0^3 + 2 \cdot 0 = 0$$

$$f(b) = 1^3 + 2 \cdot 1 = 3$$

$$\frac{f(b) - f(a)}{b - a} = \frac{3 - 0}{1 - 0} = 3$$

$$\text{Find } c \text{ so } f'(c) = 3 : \quad 3c^2 + 2 = 3$$

$$3c^2 = 1$$

$$c = \pm \sqrt{\frac{1}{3}}$$

in $[0, 1]$ we have

$$c = \frac{1}{\sqrt{3}}$$

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So what's the big deal? Why does the Mean Value Theorem warrant a special name?

Consider $f'(x) = 0$ for all x in some open interval. What can we conclude about f ?

By the theorems in this section we know that $f(x)$ must be constant on I .

Thm: Suppose that $f'(x) = 0$ for all x in some open interval I . Then, $f(x)$ is constant on I .

Corollary: Suppose that $g'(x) = f'(x)$ for all x in some open interval I . Then, for some constant C ,

$$g(x) = f(x) + C \quad \text{for all } x \in I.$$

Proof Apply the theorem to $h(x) = g(x) - f(x)$

Perhaps most significant, the Mean Value Theorem is used to prove no less than the Fundamental Theorem of Calculus, as we shall see.

Ex #24. Use the MVT to show that $|\cos u - \cos v| \leq |u - v|$ for all u, v .

Let $f(x) = \cos x$ so $f'(x) = -\sin x$. Clearly f is continuous and differentiable so by the MVT we know there is a number c between u and v such that

$$\frac{f(u) - f(v)}{u - v} = f'(c)$$

Since $f'(x) = -\sin x$ we know $|f'(c)| \leq 1$ since $-1 \leq \sin x \leq 1$ for all x . Then

$$\left| \frac{f(u) - f(v)}{u - v} \right| \leq 1$$

so

$$|\cos u - \cos v| \leq |u - v| \quad \checkmark$$